1. Rules

1.1 Racing will take place under 'The Racing Rules of Sailing (RRS 2017 - 2020)' ; the prescriptions of World Sailing and the RYA; appropriate dinghy class rules; these Sailing Instructions; and any amendments properly notified.

1.2 Adequate personal buoyancy shall be worn by all crew members at all times whilst afloat. Wet suits / dry suits do not constitute adequate personal buoyancy. This alters rule 40.

2. **Race Start**

2.1 Racing will be started using RRS 26 with the warning signal made 5 minutes before the starting signal. Times shall be taken from visual signals; the absence of a sound signal shall be disregarded.

Signal	Flag	Sound	Minutes before start
Warning	Yellow Flag	1	5
Preparatory	P Flag	1	4
One-minute	P Flag removed	1	1
Starting	Yellow flag removed	1	0

2.2 Start Line: The start line will be between an orange flag on the committee boat and a outer limit marker
2.3 Individual Recalls: Individual Recalls will be in accordance with RRS 29.1
2.4 General Recalls: General Recalls will be in accordance with RRS 29.2

3. Race Finish

3.1 Finish Line: The finish line will be between a blue flag on the committee boat and a outer limit marker

4. Racing Limits

4.1 The Race Officer will make the final decision as to whether a race will start or not.
In making his/her decision, they will take into account the current weather conditions, forecast, tide conditions, guard boat cover and harbour constraints.
In making his/her decision, the Race Officer may consult with sailors & guard boat crews.

[Parents / Guardians / Supervisors - Please take note of this statement]
It will be the sole responsibility of each competitor to assess the weather conditions for each race and their own sailing ability to take part.
The decision of the Race Officer to hold a race does not infer that conditions may be suitable for all competitors to take part.

5. Scoring

5.1 All Inter-Club Trophy Race Series' will be scored using RRS A4 'Low Points System'.
A boat that did not start, retired after finishing or was disqualified shall be scored points equal to one more than the total number of boats entering the series.
Ties will be broken by RRS Appendix A7 and A8, as applicable.

5.2 One race will constitute a series.

5.3 **Commodores Cup (Team Race Trophy) Sailed over the S.I.Y.A Cup and Harry's Cup, by teams of 3 boats.**

A team's total series score shall be the total combined score of all three boats over all team races sailed.

5.4 **Performance Trophy - North Roe Cup** **Sailed over the Mirror Dinghy Trophy, Bertie Mowat Memorial Cup, Jeanette Williamson Memorial Cup & the SIYA Mirror Trophy.**

If 3 or less races have been completed, a boat's series score shall be the total of its race scores.
If 4 races have been completed, a boat's series score shall be the total of its scores excluding its worst score.

6. Protests

Protests shall be written on forms available from the Race Officer and handed to the Race Officer within 1 hour after the time the last boat in her race finished (or group of races if they are sailed back-to-back).

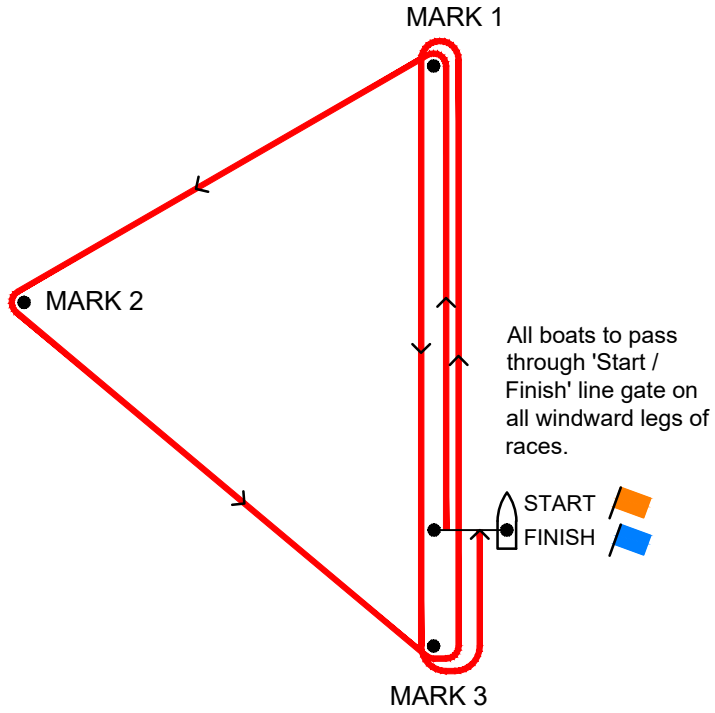
6. Radio Communication

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile phones.

Olympic - Triangle/Sausage

Start-1-2-3-1-3-(Repeat)

(Windward Gate)



Shetland Inter-Club Yachting Association
2019 - 72nd Annual Regatta
~ Mirror Sailing Courses & Instructions~

Boats will Finish when flag flying on Committee Boat.

(Other course layouts may be used, with competitors advised by the Race Officer)