

SHETLAND INTER-CLUB YACHTING ASSOCIATION 2019 - 72nd Annual Regatta

~ Dinghy Sailing Instructions ~

1. Rules

- 1.1 Racing will take place under 'The Racing Rules of Sailing (RRS 2017 – 2020)' ; the prescriptions of *World Sailing* and the *RYA*; appropriate dinghy class rules; these Sailing Instructions; and any amendments properly notified.

2. Conditions of Entry

- 2.1 Entry to Inter-Club regatta races is open to all members of clubs affiliated to the Shetland Inter-Club Yachting Association.

At the discretion of the Shetland Inter-Club Yachting Association committee, bone-fide members of other sailing clubs not affiliated to the Association may be permitted to sail in the regatta.

2.2 Insurance / Liability.

The safety of a boat and her entire management, including insurance against any risks including the responsibility to third parties shall be the sole and inescapable responsibility of the owner / competitor racing the boat.

The establishment of these sailing instructions in no way reduces the complete responsibility of the owner / competitor for their boat and the management thereof.

The race organisers shall not be liable for any loss, damage, death or personal injury howsoever caused to the owner / competitor, the skipper or crew as a result of their taking part in any race.

Moreover, every owner / competitor warrants the suitability of their boat for the race or races and that they hold adequate third party insurance whilst racing.

On request by Shetland Inter-Club Yachting Association, sailors should provide details of the insurance cover they hold for the boat they are sailing. Failure to provide insurance details on request may result in that boat being denied entry to the regatta races.

2.3 Measurement Certificates.

All boats must have a valid measurement certificate including sail and buoyancy endorsements as appropriate.

The Sailing Committee or Race Officer may request that such certificates are presented prior to allowing any boat to participate in any race.

Under special circumstances, the Shetland Inter-Club Yachting Association may allow a boat to race without a valid certificate or unmeasured sails. However, all such boats may be requested to demonstrate that they have adequate buoyancy prior to being allowed to participate in any race. All sails must be measured as per the appropriate Class rules and carry an appropriate mark or button.

- 2.4 Adequate personal buoyancy shall be worn by all crew members at all times whilst afloat. Wet suits / dry suits do not constitute adequate personal buoyancy. This alters rule 40.

3. Notice to Competitors

3.1 The Official Notice Board will be located in the Regatta cabin located at the end of the Lifeboat Pier

4. Changes to Sailing Instructions

4.1 Any changes to the Sailing Instructions will be posted on the Official Notice Board at least 45 minutes before the advertised start of the race.

5. Schedule of Races

5.1 Races will be scheduled as per the Regatta Sailing Programme 2019, amended as required throughout the regatta.

6. Racing Area

6.1 Race Areas are 'North Harbour'; 'Mid Harbour'; 'Ham'; 'Breiwick' & 'South Harbour'. The racing area to be used for each race will be notified to prior to launching.

7. Marks and Courses

7.1 The layout of marks and courses are shown on the Inter-Club 2019 Dinghy Sailing Courses sheet.

7.2 Other course layouts may be used, with competitors advised by the Race Officer.

8. Race Start

Racing will be started using RRS 26 with the warning signal made 5 minutes before the starting signal. Times shall be taken from visual signals; the absence of a sound signal shall be disregarded.

Signal	Flag	Sound	Minutes before start
Warning	Yellow Flag	1	5
Preparatory	P Flag (<i>or</i> U Flag <i>or</i> Black Flag)	1	4
One-minute	P Flag removed	1	1
Starting	Yellow flag removed	1	0

8.2 Start Line: The start line will be between an orange flag on the committee boat and a outer limit marker

8.3 Individual Recalls: Individual Recalls will be in accordance with RRS 29.1

8.4 General Recalls: General Recalls will be in accordance with RRS 29.2

9. Race Finish

9.1 Finish Line: The finish line will be between a blue flag on the committee boat and a outer limit marker

10. Race Time Limits

- 10.1 The target time for each race shall be 40mins. This shall be the time taken to sail the course by a mid-fleet boat.
- 10.2 The time limit for each race will be 1.5 hours. Boats failing to finish within 30 minutes after the first boat finishes or within the time limit which ever is the later may be scored 'Did Not Finish' (DNF). This changes rule 35.

11. Racing Limits

- 11.1 The Race Officer will make the final decision as to whether a race will start or not. In making his/her decision, they will take into account the current weather conditions, forecast, tide conditions, guard boat cover and harbour constraints. In making his/her decision, the Race Officer may consult with sailors & guard boat crews.
- 11.2 The upper wind speed limit for a race start is approx 22 knots.
The lower wind speed limit for a race start is approx 5 knots.
- 11.3 It will be the sole responsibility of each competitor to assess the weather conditions for each race and their own sailing ability to take part. The decision of the Race Officer to hold a race does not infer that conditions may be suitable for all competitors to take part.

12. Scoring

- 12.1 Inter-Club races will be sailed to the Portsmouth Yardstick (PYN) Handicap system. Portsmouth Yardstick numbers, for boat types regularly sailed in Shetland, for the 2019 season are as follows. Boats not shown on the list will be allocated a number from the 2019 RYA Portsmouth Yardstick Number List.

Fireball	952;	Taser	1020		
Flying 15**	1029	<i>(** For Flying 15 silver fleet boats with Sail No under 3400)</i>			
Albacore	1038;	RS200	1046;	Laser	1099;
420	1111;	GP14	1130;	Laser Radial	1145;
Laser 4.7	1207				

- 12.2 Where the 'Average Lap Time' method is used, the elapsed time should be the time taken to sail the number of laps actually completed by the boat prior to finishing, except, should a boat have a higher corrected time than one of her competitors with the same or lesser handicap, and have completed a greater number of rounds, then the boat's final result may be calculated on her elapsed time to complete the same number rounds as completed by her competitors, with the additional round or rounds discarded. The decision to do this shall be that of the Race Officer, which shall be final.
- 12.3 All Inter-Club Trophy Race Series' will be scored using RRS A4 'Low Points System' A boat that did not start, retired after finishing or was disqualified shall be scored points equal to one more than the total number of boats entering the series. Ties will be broken by RRS Appendix A7 and A8, as applicable.
- 12.4 One race will constitute a series.

12.5 Team Race Trophy
Sailed over the LHD Cup and Adamson Cup, by teams of 2 boats.

A team's total series score shall be the total combined score of both boats over all team races sailed.

12.6 Performance Trophies
Cruister Cup (for fast handicap) & Noost Dinghy Cup (for slow handicap), sailed over the 6 scheduled regatta dinghy races.

If 4 or less races have been completed, a boat's series score shall be the total of its race scores.

If 5 or 6 races have been completed, a boat's series score shall be the total of its scores excluding its worst score.

13. Protests

- 13.1 Protests shall be written on forms available from the Race Officer and handed to the Race Officer within 1 hour after the time the last boat in her race finished (or group of races if they are sailed back-to-back).

14. Radio Communication

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile phones.