

SHETLAND INTER-CLUB YACHTING ASSOCIATION

2019 - 72nd Annual Regatta

~ Shetland Model Sailing Instructions ~

1. Rules

- 1.1 Racing will take place under 'The Racing Rules of Sailing (RRS 2017 – 2020)' ; the prescriptions of *World Sailing* and the *RYA*; appropriate Shetland Model class rules; these Sailing Instructions; and any amendments properly notified.

2. Conditions of Entry

- 2.1 Entry to Inter-Club regatta races is open to all members of clubs affiliated to the Shetland Inter-Club Yachting Association.

At the discretion of the Shetland Inter-Club Yachting Association committee, bone-fide members of other sailing clubs not affiliated to the Association may be permitted to sail in the regatta.

2.2 Insurance / Liability.

The safety of a boat and her entire management, including insurance against any risks including the responsibility to third parties shall be the sole and inescapable responsibility of the owner / competitor racing the boat.

The establishment of these sailing instructions in no way reduces the complete responsibility of the owner / competitor for their boat and the management thereof.

The race organisers shall not be liable for any loss, damage, death or personal injury howsoever caused to the owner / competitor, the skipper or crew as a result of their taking part in any race.

Moreover, every owner / competitor warrants the suitability of their boat for the race or races and that they hold adequate third party insurance whilst racing.

On request by Shetland Inter-Club Yachting Association, sailors should provide details of the insurance cover they hold for the boat they are sailing. Failure to provide insurance details on request may result in that boat being denied entry to the regatta races.

2.3 Measurement Certificates:

All boats must have a valid measurement certificate

2.4 Sails:

All sails must be fully measured, with sail area clearly marked on sail.

2.5 Rating Certificate:

All boats must have a rating certificate to indicate declared sailing group, measured water line, maximum sail area for declared group and boat weight.

- 2.6 Adequate personal buoyancy shall be worn by all crew members at all times whilst afloat. Wet suits / dry suits do not constitute adequate personal buoyancy. This alters rule 40.

3. Notice to Competitors

- 3.1 The Official Notice Board will be located in the Regatta cabin located at the end of the Lifeboat Pier

4. Changes to Sailing Instructions

- 4.1 Any changes to the Sailing Instructions will be posted on the Official Notice Board at least 45 minutes before the advertised start of the race.

5. Schedule of Races

- 5.1 Races will be scheduled as per the Regatta Sailing Programme 2019, amended as required throughout the regatta.

6. Racing Area, Marks & Courses and Group Start Times

- 6.1 The Race area, layout of marks & courses and group start times, are shown on the Inter-Club 2019 Maid Sailing Course sheet.
- 6.2 The course number to be sailed for each race will be shown on a board prior to launching at the end of the Lifeboat Pier. Should this course required to be changed whilst boats are afloat, they will be informed individually by the committee / guard boats.

7. Race Distances

- 7.1 The scheduled race distance for each race shall be 5 nautical miles. Group start times are shown on the Inter-Club 2019 Maid Sailing Course sheet. Dipping Lug boats start on individual handicap times, as advised.
- 7.2 Races may also be sailed over 2.5 nautical miles, with boats informed prior to launching.

8. Race Start

Racing will be started using RRS 26 with the warning signal made 5 minutes before the starting signal. Times shall be taken from visual signals; the absence of a sound signal shall be disregarded.

Signal	Flag	Sound	Minutes before start
Warning	Yellow Flag	1	-5
Preparatory	P Flag	1	-4
One-minute	P Flag removed	1	-1
Starting (Group A)	Yellow flag removed	1	0
Starting (Groups B, C, D, E & F)	<i>(No flag signals)</i>	1	<i>(Times as advised)</i>

- 8.2 Start Line: The start line will be between two buoys at right angles to the leg of the course. The committee boat will be stationed close by, with orange flag flying to indicate the start line is in place.
- 8.3 Individual Recalls: Individual Recalls will be in accordance with RRS 29.1
- 8.4 General Recalls: General Recalls will be in accordance with RRS 29.2

9. Race Finish

The finish line will be between two buoys at right angles to the leg of the course. The committee boat will be stationed close by, with blue flag flying to indicate the finish line is in place.

10. Racing Limits

- 10.1 The Race Officer will make the final decision as to whether a race will start or not. In making his/her decision, they will take into account the current weather conditions, forecast, tide conditions, guard boat cover and harbour constraints. In making his/her decision, the Race Officer may consult with sailors & guard boat crews.
- 10.2 The upper wind speed limit for a race start is approx 20 knots. The lower wind speed limit for a race start is approx 5 knots.
- 10.3 It will be the sole responsibility of each competitor to assess the weather conditions for each race and their own sailing ability to take part. The decision of the Race Officer to hold a race does not infer that conditions may be suitable for all competitors to take part.

11. Scoring

- 11.1 All Inter-Club Trophy Race Series' will be scored using RRS A4 'Low Points System' A boat that did not start, retired after finishing or was disqualified shall be scored points equal to one more than the total number of boats entering the series. Ties will be broken by RRS Appendix A7 and A8, as applicable.

11.2 **Memorial Cup (Team Race Trophy)** **Sailed over the WBC Trophy No. 1 & WBC Trophy No.2, by teams of 3 boats.**

A team's total series score shall be the total combined score of all 3 boats over both team races. The Memorial Cup will not be awarded unless both team races are sailed.

11.3 **International Paints Cup** **Sailed over the WBC Trophy No. 1 & WBC Trophy No.2**

A boat's series score shall be the total combined score over both team races. The International Paints Cup will not be awarded unless both team races are sailed.

11.4 **Lounge Cup** **Sailed over the North Challenge Cup and the John Stewart Trophy, by teams of 2 boats.**

A team's total series score shall be the total combined score of both boats over all races.

11.5 **Devon Bowl (Best Un-ballasted boat)** **Sailed over the Smith Cup, North Challenge Cup and the John Stewart Trophy.**

A boat's total series score shall be the total combined score over all races.

11.6 **Linklater Cup (Best boat within certain stipulated measurements)** **Sailed over the North Challenge Cup and the John Stewart Trophy.**

A boat's total series score shall be the total combined score over all races.

12. Protests

- 12.1 Protests shall be written on forms available from the Race Officer and handed to the Race Officer within 1 hour after the time the last boat in her race finished (or group of races if they are sailed back-to-back).

13. Radio Communication

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile phones.